Discover · The Science of Adolescent Learning

Positive Youth Development

Step 1 - Research

Review five tenets of school design from Springpoint Schools' How Students Thrive:

- 1. Caring, trusting, and supportive relationships
- 2. High expectations
- 3. Voice, choice, and contribution
- 4. Intentionally engaging learning experiences
- 5. Consistency

Brainstorm two or three specific practices that reflect each tenet that you could build into your school design. Take into account the diversity of young people's everyday experiences in your community.

Step 2 - Reflect

Share findings with your team and explore these questions:

- What do you see as the connection between positive youth development and adolescent brain development?
- Which practices do you believe will most effectively help students build their identities, confidence, capacity, and sense of agency?
- How might you build those practices into your school design?

Present your ideas to local experts—psychologists, youth service providers, counselors, or after-school educators—to get additional suggestions. And, of course, discuss your ideas with students.

1. Caring, trusting, and supportive relationships	٠		٠			•	٠			٠	•	٠	•	٠	
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2. High expectations															
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What practices can we implement to support key tenets of positive youth development?																
3. Voice, choice, and contribution																
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4. Intentionally engaging learning experiences																
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5. Consistency																
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